

USEFUL CONTACT LIST**TELEPHONE NUMBERS**

United Healthcare	800-842-5252
Prescription Drug Card	800-842-0070
Aetna (Sickness Benefits)	800-205-7651
Aetna Health Plans	800-842-4044
Aetna Dental	877-277-3368
Vision (VSP)	888-877-4782
UP Health	800-547-0421
Highmark Blue Cross Blue Shield	866-267-3320
RRB Help Line	877-772-5772 All 53 offices
Met Life (Life Insurance)	800-310-7770
Met Life (Optional Life Insurance)	866-492-6983
AO Prescription Safety Glasses	800-982-2828
UBH Mental Health/Substance Abuse	866-850-6212
CSXT Payroll	800-582-2655
CSXT BMW Displacement	888-279-7655
CSXT Bids and Awards	877-836-6732
CSXT Insurance Benefits	904-359-2345
EAP (Employee Assistance Program)	800-657-3366
CSX Lodging Card	888-545-9391
401K CSX Capital Builder	904-359-2345
BMW H&W Plan for Occupationally Disabled	800-831-4914
BMWED National Division	248-948-1010